
Curriculum Vitae

Nazarov, Javokhir

He/Him/His

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Medical Education

Tashkent Medical Academy, Uzbekistan
09/2014 - 04/2020
M.D., 04/2020

Education

Graduate - Tashkent Pediatric Medical Institute, Uzbekistan
Nephrology
09/2020 - 05/2023

Medical School Awards

I took first place in my medical school's annual biochemistry competition with my presentation on "The Mechanisms of Apoptosis" in 2016.

Volunteer Experience

06/2022 - Present
Q/A USMLE, Tashkent, Uzbekistan
CEO,

Average Hours/Week: 7

After receiving my ECFMG certificate, I created a Telegram group where other USMLE preparers can post questions for me to answer, with a FAQs section where I created helpful resources to be accessed any time. Roughly 400 people use the group to aid in their studies and the number has been growing.

Work Experience

09/2022 - 11/2022

Average Hours/Week: 30

Miami Endocrine Associates, PA, Miami, FL, United States of America
Clinical Extern, Dr. John W. McDonald, D.O.

I have been doing my hands-on rotation under the supervision of Dr. John W. McDonald in the outpatient endocrinology office. This rotation helped me to acclimate myself to the US healthcare system. During the rotation, I was exposed to various patients of different ages, ethnicities, and cultural backgrounds. I took histories, performed physical examinations, listed differential diagnoses, and assisted in making treatment plans and filling patient records in the EMR system. I also educated patients on how to dose and inject insulin. After each case, Dr. McDonald asked questions and explained things that were not clear to me, which I found helpful in honing my clinical knowledge.

06/2022 - 07/2022

Average Hours/Week: 40

Dr. Milenko Lazarevich General Practice Office, Chicago, IL, United States of America
Observer, Milenko Lazarevich, M.D.

I secured an observership with Dr. Lazarevich at his general practice, where I was exposed to various multicultural patients in outpatient settings. Dr. Lazarevich's teaching focused on a systematic yet timely approach to delivering optimal care in a limited time setting. He assisted students' adaption to the US healthcare system to assure subsequent successful performance during residency. Observers were also dedicatedly educated on valuable physical exam maneuvers. I participated in the treatment of various cardiac, pulmonary, neurologic, rheumatologic, and infectious diseases. It was my duty to present patients, propose treatment plans, and participate in case discussions. Dr. Lazarevich also provided me a dedicated training on completing written outpatient notes and prescriptions.

10/2020 - 12/2021

Average Hours/Week: 24

Tashkent District Emergency Medicine, Keles, Uzbekistan
EMS Physician, Asadov Husan, M.D.

As an EMS Physician, I provided emergency medical care for patients with a wide range of medical conditions, including acute coronary syndrome, stroke, trauma, burns, lacerations, fractures, and general medical conditions. I assessed patients to determine the appropriate course of treatment and provided first aid following protocol, including immobilization, splinting, CPR, bleeding and shock management, ongoing patient vital signs monitoring, and transportation.

I worked in this position during the COVID-19 lockdown. Thus, I was also supposed to categorize patients based on the severity of their disease and provide first aid and treatment recommendations or hospitalize them if required.

05/2020 - 08/2020

Average Hours/Week: 42

Family Hospital 46, Chust, Uzbekistan
General Practitioner,

General Practitioners are the first point of contact for patients when they're sick or need medical advice in my country. As our healthcare ministry recommended, after graduating from medical school, I worked as a General Practitioner at the Family Hospital in my home town for four months. During this time, I managed approximately 800 patients and provided comprehensive care for acute illnesses as well as chronic conditions such as hypertension, diabetes, hyperlipidemia, COPD, depression, anxiety disorders, osteoporosis, and other bone diseases. I performed routine physical examinations on all new patients, prescribed medications, and referred appropriate cases to specialists when indicated. I also provided preventive health education to patients regarding diet/nutrition, exercise habits, and smoking cessation.

Current/Prior Training

None

Research Experience

10/2021 - 05/2023

Average Hours/Week: 10

Tashkent Pediatric Medical Institute, Uzbekistan
 Research assistant, Barno Mirzayeva, M.D.

As a part of the master's program, every student should complete one research project upon graduation. I am doing a prospective cohort study with my mentor, Dr. Barno Mirzayeva. My research topic is "Extraskeletal calcification in hemodialysis patients with terminal stage chronic kidney diseases and comparing the ways of its correction". I did the literature review, and I have recently been collecting data to compare the calcification rate in the cardiovascular system between 3 groups of hemodialysis patients, two groups taking two different phosphate binders and the third group not taking them.

Publications

None

Hobbies & Interests

I have a wide range of hobbies. Among them, I enjoy the followings most in my free time:

Soccer: I like to play soccer and watch the main European matches with my friends. I am also a big fan of FC Real Madrid. I think team sports like this not only help to stay healthy but also teach people to work as a team.

Movies: Melodrama movies let me put myself in film characters' shoes and feel their emotions, be happy or suffer together. A happy ending always serves as a good rehabilitation.

Language Fluency

Language	Language Proficiency	Proficiency Description
<i>English</i>	<i>Advanced</i>	<i>I speak very accurately, and I understand other speakers very accurately. Native speakers have no problem understanding me, but they probably perceive that I am not a native speaker.</i>
<i>Russian</i>	<i>Good</i>	<i>I speak well enough to participate in most conversations. Native speakers notice some errors in my speech or my understanding, but my errors rarely cause misunderstanding.</i>

Other Awards/Accomplishments

In my final year at college, I took 3rd place in the Republican Olympiad in chemistry, which allowed me to study at any medical university in my country free of charge.