

CURRICULUM VITAE

Dr. JOSHY.V.A, Vasupurathukaran (House),
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EDUCATIONAL QUALIFICATIONS:

Sl. No.	Degree	University/ Board	Year of Passing
1	Ph.D in Psychology	Bharathiar University,Coimbatore, Tamilnadu, India.	17 th April 2015
2	M.A. in Psychology	Sree Sankaracharya University of Sanskrit, Kalady, Kerala, India	2008
3	B.A. in Philosophy	Calicut University, Kerala, India	2000
4	Pre-Degree	Calicut University, Kerala.	1992
5	SSLC	Kerala State Educational Board	1990
	BCC	Fountain College	2018

TITLE OF PH.D THESIS

Effect of self-concept on emotional competence, social-competence and self-mutilation among the institutionalized and non-institutionalized adolescents.

RESEARCH PAPER PUBLISHED:

1. **Joshy. V.A** & Dr.S.John Michael Raj. Self-identity and anxiety among adolescent students. Behavioural Research Review. 2012, Vol.4,56-59.(ISSN:0975-7198).
2. **Joshy. V.A** & Dr. S. John Michael Raj. The effect of Self-Concept on the levels of anxiety, Depression between the institutionalized and non-institutionalized adolescents. Behavioural Research Review. 2013, Vol.5,1-6, (ISSN:0975-7198).
3. **Joshy. V.A.** The effect of Self-Concept on the levels of Stress between the institutionalized and non-institutionalized adolescents. Proceedings of the 4th International Conference on Life Skills (ISC-2013). 319-324.(ISBN: 978-93-82062-80-6).

4. **Joshy. V. A** & S. John Michael Raj, A Comprehensive View of Self-Concept and its effect with respect to Self-Mutilation among the Institutionalized and Non-Institutionalized adolescents. *International Journal of Indian Psychology*. Volume 3, Issue 2, No. 9, 2016. (ISSN:2349-3429, P), ISSN: 2348-5396, e). January-March.
5. **Joshy. V. A**, S.Neetumol, The Effect of Self-concept on happiness and resilience among the hostelers and Day-scholars undergraduate students. *International Journal of Indian Psychology*. Vol. 5, Issue (1), 2017. (ISSN:2349-3429, P), ISSN: 2348-5396, e).PP-16-22, October-December, 2017.
6. Nasseba Najeeb, Ajmiya Ahammed, Jesty Sunny & **Joshy.V.A**. The relationship between self-concept and leadership among adolescents. *International journal of research in organizational behaviour and human resources management*, Vol.6, No.2, June 2018, pp.10-18. (ISSN 2320-8724).
7. Ansila Rahman, P. Mariya Treasa and **A. Joshy**, (2019). The Relationship between Self- Efficacy and Achievement Motivation among Young Adults. *Int.J.Curr.Res.Aca.Rev.* V. 7, No (1), 75-80. **doi:** <https://doi.org/10.20546/ijcrar.2019.701.009>. ISSN:2347-3215
8. Thasleema K.R., Varkey. O.A, Padmakumar. D, & **Joshy. V.A** (2019). Relationship between Empathy and Forgiveness with Resilience among Hindu, Muslim and Christian College Students. *International Journal of Indian Psychology*, Vol. 7(1). ISSN:2348-5396(e),ISSN:2349-3429(p), PP.1-10. DIP:18.01.076/20190701, DOI:10.25215/0701.076

RESEARCH ABSTRACT:

1. Joshy V.A & Dr.S.John Michael Raj. A critical study of self-concept on emotional competence, social competence and self-mutilation among the institutionalized and non-institutionalized adolescents” in 103rd Indian Science Congress Association, (ISCA), held at University Mysore, Abstract.
2. Joshy V.A & Dr.S.John Michael Raj. A Comprehensive view of measures of self-concept and its effect with respect to Self-Mutilation among the institutionalized and non-institutionalized adolescents.3rd proceedings of International Science Congress Association, 2013.

RESEARCH PAPER/ POSTER PRESENTED:

1. Presented research paper titled, “self-efficacy and achievement motivation among adolescents” organized in the two day National Seminar held at Union Christian College, Aluva on 8th and 9th February 2018.
2. Presented a research paper entitled, “ecological self and Tourism: A Psychological analysis” at the National Seminar on ‘Environmental Tourism’ on 18th January 2016, held at Department of Geography, Yuvakshetra Institute of Management Studies (YIMS), Ezhakkad,-Mundur, Palakkad, Kerala.
3. Presented a research paper entitled, “A critical study of self-concept on emotional competence, social competence and self-mutilation among the institutionalized and non-institutionalized adolescents” at 103rd Indian Science Congress Association, (ISCA), held at University Mysore, from January 3 to 7, 2016.

4. Presented a research paper (**Best Paper Award**) entitled “The Upshot of Self-Concept on social Competence among the institutionalized and non-institutionalized adolescents” at the National Conference on Enhancing Psychological Well-Being (NCEPW-2014), during February 20-21, 2014, Coimbatore.
5. Presented a research paper entitled, “A Comprehensive view of measures of self-concept and its effect with respect to Self-Mutilation among the institutionalized and non-institutionalized adolescents. during the 3rd International Science Congress Association,(ISCA- 2013), Karunya University, Coimbatore.
6. Presented a research paper entitled, “Self-Concept and its effect on Adolescents on Anxiety and depression, at Indian Science Congress Association, Kolkata, during the 100th Indian Science Congress held at Calcutta University, from January 3 to 7, 2013.
7. Presented a research paper entitled, “Behavioural problems of Orphan, non-orphan, and institutionalized adolescent students with regard to anxiety, during the 99th Indian Science Congress held at KIIT University, Bhubaneswar, from January 3 to 7, 2012.
8. Presented a research paper entitled, “The effect of Self-Concept on the levels of Stress between the institutionalized and non-institutionalized Adolescents. During the 4th International Congress on Life Skills Education-Optimising Positive Strengths through Life Skills, organized by Rajiv Gandhi National Institute of Youth Development, Mumbai University and KBP College from 7 to 9 December, 2012, Mumbai.
9. Presented a research paper entitled, “A self-Concept Analysis of Institutional and Non-institutional Adolescents, during the Regional Science Congress held at Kongunadu Arts and Science College, Coimbatore, Tamilnadu on December 15th and 16th, 2012.

RESOURCE PERSON

1. Resource person and chairing the session for International conference on Leadership for success, on 14th November, 2017, at Rajagiri Institute of Social Sciences, Kalamessery, Ernakulam, Kerala, India.
2. Resource person and chairing the session for National conference on Applied Health Psychology: Trends and Challenges, on 25th August, 2017, at Rajagiri Institute of Social Sciences, Kalamessery, Ernakulam, Kerala, India.
3. Appointed as the Senior Assistant Superintendent for the conduct of 5th Semester University examination held at Yuvakshetra Institute of Management Studies (YIMS), Palakkad, on November 2015.
4. Resource person and a moderator for UGC sponsored two days National seminar on Counselling and Psychotherapy organized by Dept. of Psychology, Prajyoti Niketan College, Pudukad, Thrissur, Kerala, on 5th and 6th December, 2014.

NATIONAL/ INTERNATIONAL SEMINARS ATTENDED:

1. Attended 104th Indian Science Congress Association, (ISCA), held at Sree Venkateswara University Tirupati, on 3to 7 January, 2016.

2. Attended National Seminar on Perspective on Life Style Changes conducted by Annamalai University-Directorate of distance Education, Psychology Wing from 17th & 18th of February, 2012.
3. Attended UGC Sponsored National Seminar on Child Development organized by the Dept. Of Psychology, (SSUS) Sree Sankaracharya University of Sanskrit, Kalady, Kerala, held on 22nd to 24th February 2012.

WORKSHOPS ATTENDED:

1. Participated in the one day workshop on Job Opportunities for Psychology Today organized by the Dept. Of Psychology, Sree Saraswathi Thyagaraja College Pollachi, PsyMHA (Psychology & Mental Health Association) on 10th March, 2016.
2. Participated in the UGC Sponsored Seminar on Innovation and Reformation in Higher Education Examinations System (IRHEES) organized by the Office of the Controller of Examinations, Bharathiar University, Coimbatore, on 18/ 03/2014.
3. Participated 21 days Research Methodology in Social Sciences- interaction programme for Research scholars(Arts & Social Sciences) held from 13.07.2011 to 02.08.2011 and obtained the “A” Grade, organized by the Bharathiar University, UGC-Academic Staff College, Coimbatore, Tamilnadu.

DETAILS OF WORK EXPERIENCE:

1. Presently working as an Assistant Professor at School of PPSH Chinmaya Vishwavidyapeeth (Deemed to be University), Adi Shankara Nilayam, Adi Shankara Marg, Veliyanad, Ernakulam, Kerala, India – 682313.
2. Worked (01/06/2017 to 30/03/2018), working as the Assistant Professor in Psychology at Rajagiri Institute of Social Sciences, Kalamassery, Ernakulam, Affiliated to the University of Mahatma Gandhi (MG), Kerala, India.
3. Worked (18/05/2015 to 31.05.2017), as the Head of the Department (HOD) and Assistant Professor in Psychology at Yuvakshetra Institute of Management Studies, Palakkad, Affiliated to the University of Calicut, Kerala, India.
4. Worked 3 years (03/06/2013 to 31/03/2015) as Guest lecturer in the department of psychology at Prajyoti Niketan College, Govt. Aided and Affiliated to the University of Calicut-NACC Accredited. Pudukad, Thrissur, Kerala, India, during the period from 3rd June 2013 to 31st March 2015. Given classes in Counselling Psychology UGC sponsored program for the undergraduate students.
5. Worked (04/08/2014 to 31.05.2017) as the Assistant Director and Manager of the Prajyoti Niketan College, Govt. Aided and Affiliated to the University of Calicut-NACC Accredited. Pudukad, Thrissur, Kerala, India.
6. Worked 3 years as lecturer and Resource person in FATRI (Family Apostolate Training and Research Institute), Velur, Thrissur, Kerala, India, from 2009 to 2011. Given classes in general Psychology for the students of ACGC Advanced Course in Guidance and counselling, Calicut University.

7. Had the hands of 3 years of teaching experiences as lecturer in Calvary Philosophical College, Thrissur, a religious seminary, under Calicut University, from 2008 to 2010.

SEMINAR ORGANIZED:

- 1 Coordinator for the International conference on Leadership for success, on 14th November, 2017, at Rajagiri Institute of Social Sciences, Kalamessery, Ernakulam, Kerala, India.
- 2 Organized two days workshop on “Dignity in Mental Health & Cyber Crime and Internet addiction among youth” in connection with World mental health day program on 27th and 28th October, 2016, for the Bsc graduate students, dept. Of Psychology, Yuvakshethra Institute of Management Studies (YIMS), Mundur, Palakkad, Kerala.
- 3 Organized one day seminar and Symposium on International YOGA day on 21st June 2016, for the Bsc graduate students, including Geography, English and Psychology, at Yuvakshethra College, Mundur, Palakkad.
- 4 Organized and Animated one day motivational and orientation program on 7th August 2015, for the Bsc graduate students, dept. Of Psychology, Yuvakshethra Institute of Management Studies (YIMS), Mundur, Palakkad.
- 5 Organized one day NLP (Neuro-Linguistic Program) on 16th October 2015, for the Bsc graduate students, including Geography, English and Psychology, at Yuvakshethra College, Mundur, Palakkad.
- 6 Organized one day AIDS awareness and conscientization program on International AIDS day (Dec.1st 2015), for the Bsc graduate students, including Geography, Hotel Management and Psychology, at Yuvakshethra College, Mundur, Palakkad.

AREA OF INTERESTS:

Adolescent Personality, Personal Effectiveness, Development Psychology, Self-Concept, Self-identity, Self-Mutilation, Emotional and Social Competence.

MEMBERSHIP IN THE SCIENCE CONGRESS:

- I. I have lifelong membership in the **Indian Science Congress Association (ISCA)** since 2012, and membership No: L20998.
- II. Have membership in International Conference on Psychology and Lifestyle, Istanbul August, Turkey August 2015.

AWARDS AND HONOURS:

1. Award received from Kerala Governor, Sri. P. Sadhasivam for the scholarly performance in my Doctoral Studies in 2017.
2. Awarded the University Research Fellowship (URF- 2012-2014) throughout my Doctoral Studies.
3. Awarded the “Best paper award” on the topic, “The Upshot of Self-Concept on social Competence among the institutionalized and non-institutionalized adolescents” on National Conference on Enhancing Psychological Well-Being(NCEPW-2014), during February, 20-21, 2014.

VARIOUS PLACE VISITED:

1. Visited various places, such as, Qatar, Jerusalem (Israel), Palestine, Bethany, Jordan, from 19/04/2015 to 29/04/2015 as the part of pilgrim and study tour program

COMPUTER SKILLS

- Presentations, Microsoft PowerPoint.
- Word Processing: Microsoft Word
- SPSS for Windows

TEACHING STATEMENT/PHILOSOPHY

The goal and ultimate aim of my teaching statement is to concentrate on the prior need of education which should encourage seeking answers, as it is in this way that we advance. This primarily, would facilitate one to build up a philosophy of reasoned thought. In my teaching what I will attempt to do is to identify some themes which emerge from my teaching and let others determine whether these themes constitute any coherent part. So my teaching would be somewhat eclectic and resist a neat philosophical classification as a whole.

At the outset, I would state that the teachers must impart more by way of example than precept and that would give the students the impression that the teachers is very exemplary than mere preaching. The student should be proud of the teacher's values such as, importance of organization, preparation, and homework, help them to respect the other and their views and encourage being effective communicators in both written and oral form and finally the equality.

Personal contact with students is very essential to my approach, because many need encouragement, support, caring to talk to approach their teachers. So I emphasize my availability for informal discussion and my willingness to help them to come out of my problem they have with what they are learning.

As I gained experiences and confidence as a teacher, personally believe that teaching as my primary professional responsibility. Consequently, I moved into areas of teaching administration. My current position as Assistant Director of Prajyoti Niketan College, (Government Aided), legitimizes my efforts to effect changes in the college activities.

RESEARCH STATEMENT/PHILOSOPHY

The current study utilized a predictive descriptive survey research design. It includes both an examination of the relationship among the key variables as well as an evaluation of the model to determine the effect of those key variables on self-concept of institutionalized and non-institutionalized adolescents. Then it was decided to examine the main difference on the groups, the genders, and the type of institutions regard to emotional competence, social competence, and self-mutilation. Moreover, it also pays keen interest on the predictive of the self-concept on certain psychological variables such as, emotional competence, social

competence, and self-mutilation, among institutionalized and non-institutionalized adolescents.

My research is motivated by what I see as the fragmented state of model-theoretic semantics. To date, this field has produced an array of highly specialized formal systems. Individually, many of these systems have reached a high level of accuracy and elegance. But despite shared assumptions, in combination they currently form an unwieldy whole, full of redundancies. The primary purpose of my research program is therefore to strengthen the empirical and formal connections between domains which are traditionally addressed by separate areas of research within formal semantics. My long-term goal is to weave these specialized threads back together into one coherent and theoretically parsimonious pattern, and to exploit this pattern to develop a compelling assortment of analyses spanning several areas of research.

My wish list for institutional support of my research agenda includes: 1) a department that supports both qualitative and quantitative methods, 2) an institutional review board that operates in a timely and responsive manner, 3) computer equipment that allows for the delivery of quasi-experimental materials on-line and 4) departmental support for grant seeking activities.

PERSONAL PROFILE:

Date of Birth: 31-3-1973

Marital status: Single

Languages known: English, Malayalam, Tamil, (Basics- Hebrew and Greek)

REFERENCES:

Dr. Suresh. R.Patani, Member: Gujarat Public Service Commission and Medical Council of India (2006-2010), Newdelhi. Senate (2002-2012) & Syndicate Member (2003-2006), M.S. University, Baroda. (Office) and/ Or “Chitrakoot”, 59 Shilalekh Bunglows, Nr. Nandavan Gas Office, Alkapuri, Vedodara-7.(Residence), Mb: +919825156116. Email:baba4L@yahoo.com

Dr.Binoy Joseph, Ph.D, Principal, Rajagiri Institute of Social Sciences, Kalamassery, Ernakulam, Kerala. 9446919144, Email: principal@rajagiri.edu

Dr. S. John Michael Raj, Ph.D. Professor, Dept. Of Psychology, Bharathiar University, Coimbatore, Tamilnadu, India, 641046. **Mob:09486586692, Email:** johnmichaelraj@rediffmail.com

Dr. Harshajan Pazhayattil, Ph.D. Founder Director, Prajyoti Niketan Collge, Govt. Aided and Affiliated to the University of Calicut-NACC Accredited. Pudukad, Thrissur, Kerala, India. 680304. **Mob: 09446351885, E.mail: drfrharshajanofm@gmail.com**

Dr. Shaijan Paul, Ph.D. Principal, Prajyoti Niketan Collge, Govt. Aided and Affiliated to the University of Calicut-NACC Accredited. Pudukad, Thrissur, Kerala,India. 680304 **Mob: 09846193708, E.mail: drshaijan@gmail.com**

DECLARATION:

I hereby declare that the above written particulars are true to the best of my knowledge and belief.

Yours Sincerely

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